



News and Events

March 1, 2023
Volume I/ Issue I

Calendar of Events

Event	Date
Women's Health and Wellness Spa Event	March 11, 2023
Peace of Mind Mental Health Program	TBD
Medicinal Yoga: Movement is Medicine	Every Sunday - 1:00PM - 2:30PM

Salaam Community Wellness Center Awarded Community Partner Award

Salaam was recently awarded the Community Partner Award from the Welcome to Fatherhood (WTF) Inc. Since spring of 2022, Salaam Community Wellness has hosted WTF on-site and on-line meetings helping to develop healthy communities through supporting strong family life.

[Read More](#)

Employee Spotlight



Dr. Patrice Muhammad

Doctor of Integrative
Medicine and Physician

Medicinal Yoga: Movement is Medicine



Yoga instructor, Daryl Sacher conducts this weekly class every Sunday at Salaam Community Wellness Center from 1:00 pm - 2:30 pm. Learn how to use movement as a way to relieve stress and improve your mobility.

[Click Here to Register](#)

New Prostate Cancer Study

Dr. Patrice Muhammad is currently the Project Head and Lead Author of an early detection prostate cancer study focusing on men of African descent. Incidence rates of prostate cancer are highest in African American men compared to all racial groups and they have the highest prostate cancer-related death rates among ethnic groups. The expected outcome of her landmark research study is to produce results which will allow for a more conservative approach to treatment improving quality of life.

You may contact Dr. Muhammad at:
(773) 435-9493
email: HealthAtItsBest1@gmail.com.

[Read More](#)

Business Spotlight

Associate

Dr. Patrice Muhammad is a primary care practitioner at Salaam Community Wellness Center. She is the owner of Health At Its Best, which provides telehealth consultation to offer natural healing therapies based on the fundamentals of whole food nutrition and healing herbal tonics.

[Read More](#)



Dr. Larry Turner

**Clinical Psychologist,
Registered Nurse, Substance
Abuse Therapist, and Yoga
Practitioner**

Dr. Larry Turner will be providing mental health services to Salaam Community Wellness Center patients. He has worked with survivors of a variety of traumatic experiences in Chicago and the surrounding communities. He is also the founder of The Therapeutic Inventory Institute (TTII).

While working in Chicago, he has developed programs for traumatized children and adolescents in hospitals, schools and churches. On the global scale, Dr. Turner provided medical and psychological services to victims

Business Spotlight

Join Us Live!
To learn more about one of our members:
**SALAAM COMMUNITY
WELLNESS CENTER**



Black History Month Business Spotlight kick-off:
Join us Live at 10 AM on
2/18/23 to learn more about
the Salaam Community Wellness Center.

Salaam Community Wellness Center, Located at 613 E 67th

Woodlawn
Chamber of Commerce

of Hurricanes Katrina/Rita in 2005, the Haitian earthquake in 2010, and the Ebola outbreak in 2015.

[Read More](#)

Salaam Community Wellness Center was the featured organization for the "Black History Month Business Spotlight Kick-Off " sponsored by the Woodlawn Chamber of Commerce. Watch this Facebook Live Event and learn more about our unique, innovative integrative model of healthcare and how it is making a difference in the community.

[Watch Facebook Live](#)

Upcoming Events



Women's Health and Wellness Spa Event - Saturday March 11, 2023 "Healing Oneself While Serving Others"

Salaam Community Wellness Center will be collaborating with Cultivate: Women of Color Leadership and the Women's Spa to sponsor a special health and wellness event for leaders of several non-profit organizations in the Chicago area. This half day event will feature yoga, deep breathing/meditation, chair massages and music therapy.

[Contact Us for Information About Our Spa Program](#)



Peace of Mind Mental Health Program

Salaam Community Wellness Center will be launching its innovative mental health program offering both western and non-western modalities for the treatment and prevention of various mental conditions. Individual and family therapy is available. Contact Salaam Community Wellness Center at 773-435-9493 for information and appointments. Insurance and discount payment plans are available.

Salaam Community Wellness: Make Us Your Healthcare Provider



Salaam Community Wellness Center is a health and wellness center located in Chicago's historic Woodlawn neighborhood. We offer a unique, innovative model of holistic healthcare utilizing both western and non-western modalities such as individual and group therapies, deep breathing, meditation, yoga, massage, acupuncture, Reiki and sound therapy, tai chi, qigong and many others. We accept most insurances and have convenient payment plans. Make us you healthcare

provider. Call or register on-line today.

[Visit our Website](#)